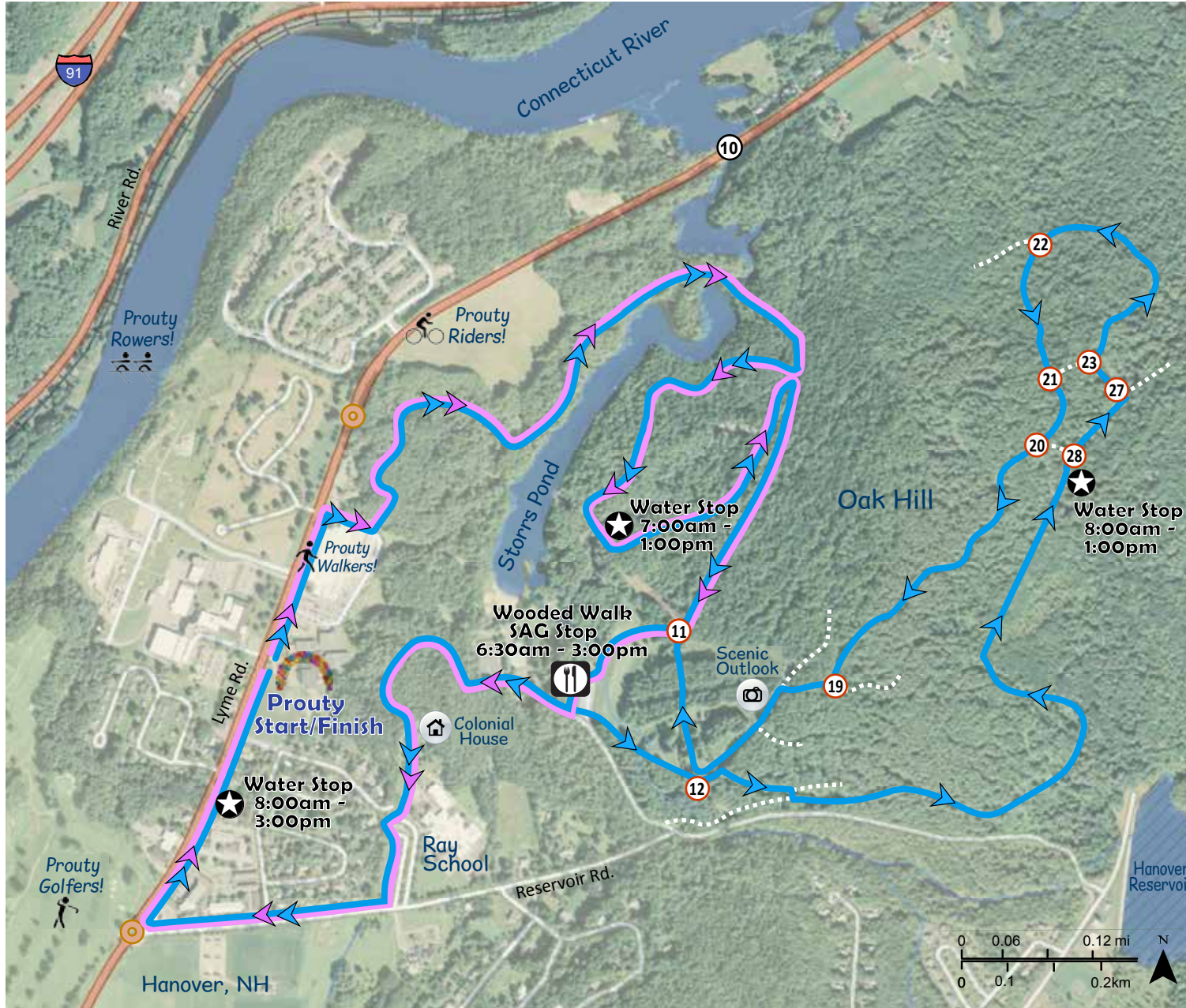


The Prouty™ 5k & 10k Wooded Walks

Saturday, July 8th, 2017



MAP LEGEND

- Prouty Start/Finish
- 5k Walking Route (Difficulty Level: Moderate)
- 10k Walking Route (Difficulty Level: Medium Difficulty)
- SAG Aid Station
- Water Stop
- Trail Junction Signs

WALKING DIRECTIONS

↑ Straight - exit venue traveling north, walking on the grass in front of Dartmouth Printing.
 ↗ Right turn beyond Dartmouth Printing.
 ↖ Left - take immediate left, follow signage.

! Caution- Please be mindful of sleeping campers...

- **The Wooded Walk Aid Station (SAG)** will service 5k and 10k walkers. At the SAG, both groups will split. 10k walkers will start up Oak Hill, 5k walkers turn toward Storrs Pond and the Prouty venue.
- **10k Walkers:** After completing the Oak Hill loop and returning to the SAG, proceed to the finish.
- ↗ Exiting the SAG: Turn right traveling downhill into Storrs Pond passing the recreational offices.
- ↖ Left turn, entering the woods prior to reaching the tennis courts.
- ↗ Right (immediate right) turn then follow the trail.
- ↖ Left turn, following the trail to the Colonial House.
- ↑ Straight - traveling past the Ray School.
- ↗ Right turn onto Reservoir Rd. sidewalk.
- ↗ Right turn onto Lyme Rd. sidewalk.
- ↑ Straight, following the sidewalk back to the venue.
- ↗ Right turn, entering the finish line shoot and under the Balloon Arch (**Great Job!**)

SAFETY

During a true emergency call 911 without delay. EMT's from the Upper Valley Wilderness Response Team will be on mt. bikes to assist you and can be identified by their red "Prouty Safety Patrol" bike plates. There is also a medical tent at the Prouty venue. Play it safe, check for ticks. Question? call the Prouty Headquarters at (603) 646-1593.

PROUTY PUP PROTOCOLS

(see reverse page)