

**"You've got
to be tough."**

Ken Ulme, 88,
bladder cancer survivor

The Prouty In Pictures

VALLEY NEWS PHOTOGRAPHS
— SARAH SHAW



Top right: Anna Greene, 9, of Amherst, N.H., takes a break at a Prouty "Stop and Go" site on the town green in Lyme. Anna was completing the 20-mile bike ride in memory of her grandfather, who died from esophageal cancer. Participants in the 34th annual Prouty fundraiser bike, walk, row, golf or even participate virtually to raise money for the Dartmouth-Hitchcock Norris Cotton Cancer Center.

Above: Tom Aldrich, left, of Williamstown, Vt., bikes through the finish line of the Prouty in Hanover. Aldrich biked 50 miles in memory of his wife, who died of leukemia 14 years ago. Right: Prouty volunteer Carolyn Hooper, right, of Wilder, helps Lara Haase, of Rochester, N.Y., dock her boat after rowing 16 miles in the Prouty. Below right: Tom Hale, right, of Grantham, talks with World War II veteran Ken Uline, of Lyme, at a Prouty rest stop in Lyme. Uline, a survivor of bladder cancer, got a fitness tracker for his 88th birthday in April and has since logged more than 80 miles by walking about a mile near his house every day. Hale, who biked 35 miles in this year's Prouty, asked Uline what is his secret to living so long. Uline replied: "You've got to be tough."

